

FALL PREVENTION AWARENESS WEEK:

From Awareness to Action

Sponsored by the Mississippi State Department of Health

September 18-22, 2023

Monday, September 18, 2023

Topic: Basic Fall Recovery: Preventing Added Injury with Safe Techniques

Presenter: Anita Naik & Laura Jones, Mississippi Department of Rehabilitation Services

Time: 10-11 a.m.

Meeting ID: 814 0994 6149

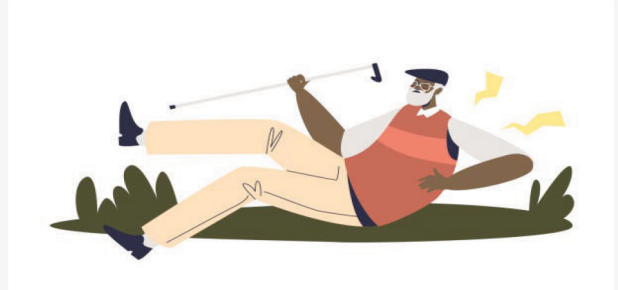
Tuesday, September 19, 2023

Topic: Fall Prevention & Home Safety

Presenter: Edward Grace, electronic caregiver

Time: 11 a.m. to noon

Meeting ID: 212 768 571 406 (TEAMS)



Wednesday, September 20, 2023

Topic: "Welcome to Our Matter of Balance Class!"

Presenter: Lee Moss & Catherine Bishop, Mississippi Brain Injury Association

Time: 10-11 a.m.

Meeting ID: 868 8313 1951

Topic: Let's Talk About Falls!

Presenter: Brittney Mosley, Mississippi State Department of Health

Time: 1-2 p.m.

Meeting ID: 820 7588 6719

Thursday, September 21, 2023

Topic: Exercise and Fall Prevention

Presenter: Amy Rimmer, YMCA

Time: noon to 1 p.m.

Meeting ID: 817 7861 8948

Friday, September 22, 2023

Topic: Tai-Chi Demonstration

Presenter: Dr. Pan, Mississippi State University: Dept. of Kinesiology

Time: 10-10:30 a.m.

Meeting ID: 576 523 2091

Topic: Bingocize

Presenter: Dr. Pan, Mississippi State University's Department of Kinesiology

Time: 10:30-11 a.m.

Meeting ID: 576 523 2091

Email injuryprevention@msdh.ms.gov to register.



MISSISSIPPI STATE DEPARTMENT OF HEALTH